



aspire
BEHAVIORAL HEALTH & DEVELOPMENTAL DISABILITY SERVICES

ANNUAL REPORT

FISCAL YEAR 2020

JULY 1, 2019 TO JUNE 30, 2020

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A MESSAGE FROM THE CEO

TO OUR COMMUNITY, STAKEHOLDERS, PARTNERS, AND ASPIRE FAMILY:

As the safety-net provider of behavioral health services for eight (8) rural counties in Southwest Georgia, Aspire Behavioral Health and Developmental Disability Services has the responsibility and privilege of leading our communities toward Health, Hope and Recovery. Every day, we have the honor of walking along side individuals on their recovery journey. It is truly a gift to have the opportunity to help someone recover to a life that they may not have been able to envision yet a life they deserve.

Aspire is much more than a service provider. We are an integral part of Southwest Georgia and an asset to the communities we serve. We could not do any of the things we do if it were not for our dedicated employees. They have remained committed, passionate, and successful in navigating all the twists and turns the last year has thrown at us. I stand in awe of their daily accomplishments!

We have worked hard over the past year, not only in our service delivery, but in coming closer together as an organization. Our size poses challenges to this, but we have been able to share and celebrate our successes together. My vision for our agency is that we continue to come together as ONE Aspire. We are a person-centered, recovery-focused organization committed to making a special effort to ensure that we are getting the message of hope and recovery out! I believe you will see evidence of this throughout the pages of this report.

I am proud to present Aspire Behavioral Health and Developmental Disabilities Fiscal Year 2020 Annual Report.

DANA P. GLASS, LCSW
CEO/Executive Director

OUR MISSION

To offer Affordable, Accessible, and Quality Mental Health, Addictive Disease and Developmental Disability services by skilled professionals who are sensitive to the needs of individuals and families served.

OUR VISION

LEADING OUR COMMUNITIES TOWARD
HEALTH, HOPE & RECOVERY.

VALUES & PRINCIPLES

We believe all people should be treated with dignity and respect.

We are dedicated to the education of individuals, family members and the community.

We believe that quality services should be provided in a variety of convenient locations to individuals and families.

We are committed to respond to the needs of the community.

We believe each individual is unique and that services should be individualized based on individual preferences.

We strive to find new ways to use current resources and to generate new ones through community partnerships.

We are committed to understanding and respecting cultural differences.

We believe people should receive services which respect their privacy and confidentiality.

We strive for individual satisfaction.

We are committed to exemplify ethical conduct.

BOARD OF DIRECTORS

As a public, non-profit organization, Aspire BHDD Services (also known as Albany Area Community Service Board) is governed by a Board of Directors. Board members are appointed by the respective county commission, and each county has one representative that serves a 3-year term. Counties are eligible for additional members if their population is 100,000. One additional member from Dougherty, Early, and Terrell Counties is also appointed by the Board to address the variation in financial contributions of those counties. The board members govern the provision of disability services within the boundaries of the community service board. Each board member is appointed by their county commission to serve a 3-year term.

MEMBERS OF OUR BOARD OF DIRECTORS INCLUDE:

Evera Moye (Baker)
Chairperson

Richard Ware, Jr. (Dougherty)
Vice Chairperson

Mike Sabot (Lee)
Secretary/Treasurer

Leonard Minter (Dougherty)

Dr. Eugene Sherman (Dougherty)

Judge Joe C. Bishop (Terrell)
GACSB Board Representative

Michael Fowler, Coroner (Dougherty)
Dougherty County Elected Official

Sheriff William Price (Early)

Joyce Alexander (Early)

Pam Conner (Calhoun)

Darlene Cox (Miller)

Dianne Wimes (Terrell)

Dan Miller (Worth)

EXECUTIVE LEADERSHIP TEAM

Aspire BHDD (Albany Area Community Service Board) provides mental health, addictive disease, and developmental disability services to citizens of Dougherty, Baker, Calhoun, Early, Lee, Miller, Terrell, and Worth Counties.

MEET OUR EXECUTIVE LEADERSHIP TEAM:

Dana Glass
Executive Director

Roger Haggerty
Chief Operations Officer

Edward Williams
Corporate Compliance Officer

Lee Pavlik
Chief Financial Officer

Caroline Chandler
Chief Clinical Officer - I/DD

Jonathan Williams, DO
Chief Medical Officer

Lisa Spears
Chief Clinical Officer - BH

Cathy Carson, RN, NCAC II
Director of Nursing

Sandra Myers
Chief Personnel Officer

Marlisa Bailey, CARES, CPS-AD
Administrative Assistant to the CEO



STORY OF *Hope*

"Looking back, it seemed that drinking always had a certain allure for me. Maybe I wanted to be more like the adults who occasionally drank at family functions or I wanted to "fit in" with the crowd as I got older. One thing was perfectly clear, once I felt the effects of alcohol, I instantly knew that I would do it again. What began with a few drinks grew into an addiction to multiple substances that took me to places that I never believed a "guy like me" would or could end up. I grew up in a good family, with good morals, and I knew right from wrong so there was little to nothing that would indicate my coming spiral into addiction. Drinking became a daily habit and at the age of 26 I began to use illegal narcotics. By age 33, I was in full blown addiction, had been arrested for felony drug possession, and had entered my first treatment program. That began a 12-year battle that found me in and out of jails and treatment programs, desperate and wondering if I would ever be able to recover.

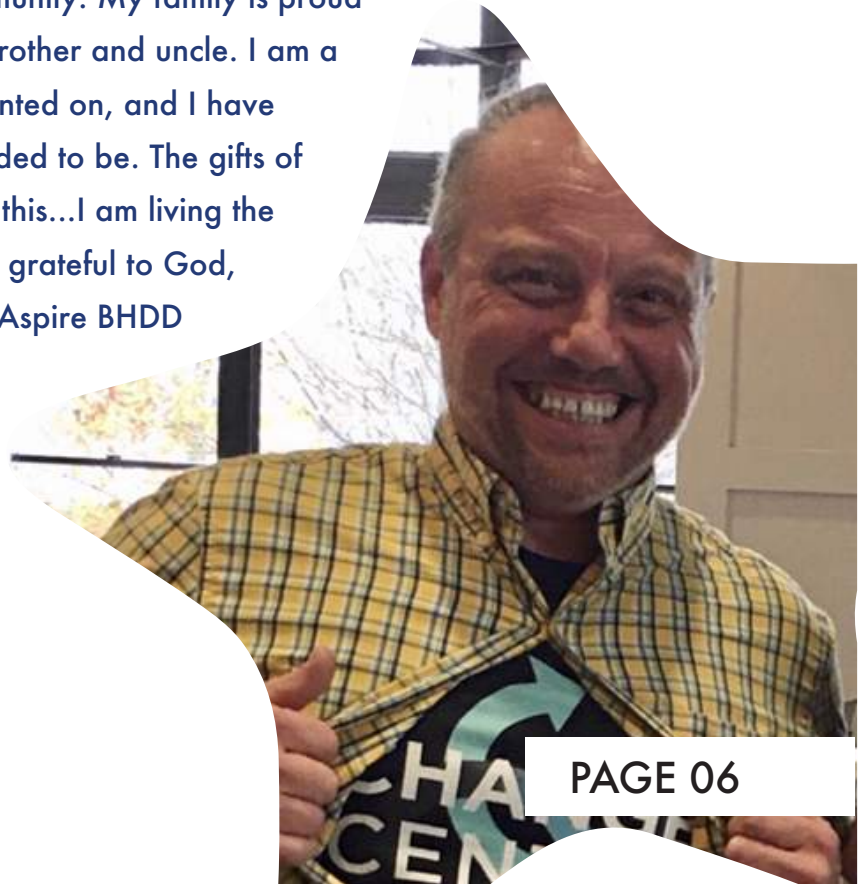
After yet another setback I landed at the Anchorage of Albany, GA on July 17, 2017. I was broken but willing to give it one last try. They say it's always darkest before the dawn and a truer statement could not be made. I decided at that moment that I would heed the wisdom of the staff, my chosen 12- step fellowship, and the God of my understanding. During my stay I met a wonderful woman and Recovery Ally, Mrs. Gennie Marcus, who came to speak with us on Saturday mornings. I discovered that she was an Aspire employee on the BHCC and I conveyed my interest in that line of work, but expressed my concerns about my criminal history. She encouraged me to apply anyway and talked about how Aspire was looking for people with lived experience. It was not an easy path to employment but by taking action (Roger and Sandra, thank you, for answering my litany of phone calls) and following the suggestions my recovery network, I was able to work through the DBHDD requirements. I received the call to report to orientation the DAY AFTER I completed probation!

My journey at Aspire has been nothing short of amazing. I started as an HST at DOOCO Outpatient and had the pleasure of greeting each individual as they came in. That position really taught me the value meeting people where they are in their journey and the power of a welcoming smile. Six months later, I applied for a new CPS (Certified Peer Specialist) position at The Change Center. Helping develop this program from the ground up has truly been one of the most fulfilling accomplishments of my life. It has also afforded me the opportunity to add invaluable training to compliment my lived experience so that I am able to carry the message of hope and recovery in our community. A perfect example of this was my being able to pick up my 2 Year chip in Atlanta while attending the CARES (Certified Addiction Recovery Empowerment Specialist) Academy to obtain my CPS-AD. In March of 2020, I was selected to attend Forensic Peer Mentor training and receive my CPS-F. I am now trained to use ALL my lived experience, with addiction and entanglement with the criminal justice system, to support peers at The Change Center, Dougherty County Jail, the Department of Community Supervision, and anywhere else the call to be of service to others takes me.

Recovery has taken me from a college drop out to a college graduate, from a state prisoner to a state employee, allowed me to regain my right to vote, and made me into a contributing member of my community. My family is proud of me today and I get to be a good son, brother and uncle. I am a trusted employee, a friend that can be counted on, and I have finally become the man that I always intended to be. The gifts of recovery are too many to list but I will say this...I am living the best life I have ever lived and I am forever grateful to God, family, friends, my recovery network, and Aspire BHDD for second, third...ninth chances."

DANIEL FLEUREN

THE CHANGE CENTER



AGENCY OVERVIEW & PROGRAMMING



CARF Accreditation

Albany Area Community Service Board dba Aspire Behavioral Health and Developmental Disability Services was most recently accredited in December 2017 for a period of three years. The latest accreditation was awarded by the Commission on Accreditation of Rehabilitation Facilities International (CARF).

This accreditation decision represents the highest level of accreditation that can be awarded to an organization and shows our organization's substantial conformance to the CARF standards. An organization receiving a Three-Year Accreditation has endured a rigorous peer review process. Our Leadership team and staff were complimented and congratulated for this achievement through the demonstrated commitment to using CARF standards to the benefit of the person served, families and staff members.

Over a three-day period, a team of four surveyors conducted onsite surveys for more than ten (10) programs throughout our agency. This process demonstrated our commitment to offering programs and services that are measurable, accountable and the highest quality. We believe that our organization is a valuable asset, and our CARF accreditation emphasizes our commitment to the communities we serve. We anticipate our renewed accreditation by December 2020.



Georgia Apex Program (APEX)

Apex is a school-based program funded by the Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) where mental health services are provided throughout schools to increase coordination between community mental health providers and local schools. Referrals can be made by family members or through the school system. This program offers universal prevention, early intervention, and intensive intervention services to reach any student in need including climate change projects, small group skills training, and Camp Apex summer program! Apex is currently in 23 schools and served approximately 2000 youth since FY16!

Trauma Informed Care

The Substance Abuse and Mental Health Services Agency (SAMSHA) defines trauma informed as an organization, agency or program that realizes the widespread impact of trauma and understands potential paths for recovery; recognizes the signs and symptoms of trauma in clients, family members, staff and others involved in the system; and responds by fully integrating knowledge about trauma into policies, procedures and practices and actively seeks to avoid re-traumatization in individuals (www.samsha.gov/trauma-violence) Aspire has integrated trauma informed care in 3 Phases throughout the agency 1) Personnel 2) Policy 3) Person-centered care.

All new and existing staff receive training around trauma informed practice. Additionally, policy is reviewed and updated at least annually by individuals with lived experience to provide feedback and insight. Finally, individuals are actively involved in their own treatment planning, which includes care provided by trauma-trained staff.



The Change Center

In December 2018, Aspire BHDD Services launched the first Addiction Recovery Support Center here in Southwest Georgia! The Change Center is a safe environment where peers can achieve and sustain long-term recovery from substance abuse. It offers a set of non-clinical, peer-led activities that engage, educate and support individuals and families to successfully make life changes necessary to establish, maintain, and enhance recovery (health and wellness) from substance use disorders. The recovery activities are community-based services for individuals with substance use disorder that promote recovery, self-determination, self-advocacy, well-being, and independence. Activities are individualized, recovery-focused, and based on a relationship that supports a person's ability to promote their own recovery.

Peer Support Programs

Our peer support programs provide an opportunity for individuals who have achieved significant recovery to assist others in their recovery journeys. We have more than nine (9) certified programs with Certified Peer Specialists (CPS) or Certified Addiction Recovery Empowerment Specialists (CARES) that model recovery, teach skills and offer supports to help individuals seeking recovery to lead meaningful lives in the community. Peer support is an evidence-based practice and has experienced rapid growth within our agency with almost 10% of employees living in long term recovery.

Our services include, but are not limited to: promoting socialization, recovery, wellness, self-advocacy, development of natural supports, and maintenance of community living skills. Activities are provided to assist individuals in living as independently as possible. Services promote self-monitoring progress while

emphasizing hope and wellness. Staff assist individuals attaining meaningful employment and relapse prevention planning.

In August 2019, our PSR/Peer Program was selected by the Georgia Mental Health Consumer Network to receive the "Peer Support Program of the Year" Award! This award was presented at the 28th Annual Consumer Conference on St. Simons Island, GA. We had many of Aspire's Peer Support staff and individuals that we serve present to receive this outstanding achievement.

Aspire continues to demonstrate a climate of recovery by advocating and respecting the unique role of individuals with lived experience agency-wide.

Suicide Prevention Services

Our agency offers a variety of services, trainings and resources to support our communities in learning about and reducing suicide. In March 2020, Aspire hosted the SWGA Regional Suicide Prevention Coalition reformation. We are committed to helping others understand the complex issues related to suicide. We believe this is an important way for individuals to engage in suicide prevention and help those in crisis.

Aspire provides comprehensive suicide risk assessments, crisis stabilization services, and the use of various treatment modalities including psychiatric care and individual therapy to support individuals in crisis. We have 24/7 access to care in our BHCC and our outpatient clinics have Open Access.

Another resource offered is Question, Persuade, Refer (QPR) Training teaches 3 simple steps anyone can learn to help save a life from suicide. 100% of our staff are trained annually. We have provided 37 QPR trainings within the agency and the communities we serve.



RISE Program (Medication Assisted Program)

The RISE program utilizes a collaborative care model that relies on nurse care managers (NCM) to ensure delivery of high-quality addiction treatment while effectively and efficiently utilizing the time of providers waived to prescribe medication to assist with eliminating addiction or substance abuse. Medication Assisted Treatment (MAT) provides specific interventions for reducing and/or eliminating the use of illicit opioids and other drugs of abuse; while developing the individuals social support network and necessary lifestyle changes; psychoeducational skills; pre-vocational skills leading to work activity by reducing substance use as a barrier to employment; social and interpersonal skills; improved family functioning; the understanding of addictive disease; and the continued commitment to a recovery and maintenance program. MAT is a multi-faceted approach treatment service for adults who require structure and support to achieve and maintain recovery from Opioid Use Disorder.

Intensive Community-Based Services

Assertive Community Treatment Team (ACT)

Referred to as a “hospital without walls,” the ACT Team provides treatment services in the community on a 24/7 basis. ACT uses a team of professionals from various backgrounds to treat the whole person with medication, therapy, case management, employment readiness, education, skill-building, crisis intervention, and case management. ACT services are aimed at adults with mental illness (who might also have a co-occurring addiction) who frequently are in crisis, often needing hospitalization. These services are for clients whose mental illness impacts other areas such as hygiene; meeting nutritional needs; caring for business affairs; obtaining medical, legal, and housing services; recognizing common danger or hazards to oneself; failure to perform daily living tasks without support from others; inability

to carry out homemaker roles and maintaining a safe living situation. ACT Services are available to residents of Baker, Dougherty, Lee, Terrell, and Worth counties.

Aspire Community Support Team (CST)

CST provides services in the community to clients on a 24/7 basis. CST is a team of professionals from various backgrounds who treat the whole person with medication, therapy, case management, employment readiness, education, skill-building, crisis intervention, and case management. CST services are aimed at adults with mental illness (who might also have a co-occurring addiction) who frequently are in crisis, often needing hospitalization. With CST, you will receive assistance in learning how to access transportation and community resources including medical services. You will also build skills in budgeting, cooking, maintaining hygiene, nutrition, housekeeping, developing social support systems in the community, and keeping safe. This program is designed specifically for the rural setting. CST Services are available to residents of Calhoun, Early, Miller, Seminole, and Decatur counties.



Connect- Aspire I/DD Services

The MISSION of Aspire's Intellectual and Developmental Disability (IDD) services is to empower individuals to achieve their potential by strengthening

families, encouraging personal choices, abilities and interests.

Our services CONNECT more than 140 individuals with intellectual and developmental disabilities each day through Community Access Services, Supported Employment Opportunities, Community Living Supports and Family Support.

By staying connected to the community, employment opportunity and relationships; the individuals we support are actively involved in their communities, working, volunteering and sharing their talents to strengthen the places where we all live, work and play. Our investment in assisting individuals in experiencing MEANINGFUL DAYS has significantly decreased behavioral related incidents.

Aspire understands the importance of lifelong learning. It is imperative that our minds continue to be stimulated. Aspire is dedicated to a PERSON-CENTERED culture where we provide opportunities for those we support to have knowledge and skills to pursue their interests, share their talents and experience safety in their homes and community. Our commitment to fostering independence is centered on a WHOLE HEALTH model that involves instruction in the areas of nutrition, personal hygiene, basic first aid, interpersonal relationships, the emotional and physical impact of stress, household and safety management, self-advocacy, money management, employability skills, personal safety, cultural development along with leisure and recreational opportunities.

Direct Support Professionals (DSPs) are the backbone for IDD Services. They are our everyday heroes who CONNECT those we support to the community, employment opportunities and cultivating the meaningful relationships. We believe if those paid to provide support are to be helpful, they need to learn the skills required to make positive control a reality. We refer to these skills as person centered thinking skills and teach them in a two-day course. We help people develop plans that describe how they want to interact with the community through Community Access Services and Community Living Supports.

COMMUNITY ACCESS SERVICES are available in small group or individual sessions to assist the individual in developing, maintaining or improving their life skills needed to accomplish what the person identifies as being IMPORTANT TO them for active community involvement and independence outside their home. Strong relationships help connect those we support with their peers, direct support professionals, and the community to build natural supports and lasting relationships!

COMMUNITY LIVING SUPPORTS are designed to enable individuals with to lead an independent live free from an institutional atmosphere. Services are provided in the individual's residence or family home. Staff provides assistance with activities of daily living in personal care areas such as: bathing, grooming, cooking, housekeeping, and assistance in community activities and building fostering social skills. The hours of service vary by person and are based on the individual needs.

COMMUNITY • EMPLOYMENT • RELATIONSHIPS



STORY OF *Hope*

"I can remember when Aspire first began the Recovery Focused Initiative, Intellectual/Developmental Disability staff struggled with the concept of people 'recovering from a disability'." Fast forward four years and any of the IDD staff will tell you that recovery looks like a person living a life full of meaning and to their highest level of independence while enjoying the community where they live.

Marvin is a person with a mild intellectual disability and a history of abusing substances. This year, Marvin celebrates seven years of sobriety. Marvin shared that he had used alcohol and illegal drugs since his teenage years. "Now, I don't drink or smoke dope. I want to try and quit smoking cigarettes too." Marvin shared that prior to choosing a path of recovery, he was "on the chain gang...I was not a happy person then." "Aspire helped me stop using, helped me talk about my problems, learn to take care of myself and believe in myself."

Marvin now has his own home, with his name on a lease that he shares with two housemates. Marvin is employed at a local grocery store where he worked prior to being incarcerated. Being in a small town, Marvin is well known and people are constantly asking about him if they haven't seen him in a while. "I like having a job. It helps me stay out of trouble and I like having my own pocket money."

Aspire staff that interact with Marvin daily shared, "Marvin is a lot more social than he used to be. He is not so much the loner; he will visit with his peers, laugh and cut up."

Marvin is recognized as having a great sense of humor and a twinkle in his eyes when he smiles. He describes himself as, “happiest when I am around folks and talking.” Marvin enjoys all things sports and is active in his local community by attending local recreational and high school games. According to Jackie Garrett, Aspire Care Plan Coordinator, “Marvin is very kind and giving. He enjoys helping people. He will buy them a snack or share his food.”

Over the past year, Marvin has been able to start rebuilding a relationship with his family. He has reconnected with his adult daughter and learned that he is a grandfather! He has grown to be comfortable in telling others not only what his needs are; but what he wants out of life. He understands that while he has direct support professionals that assist him in the community, he is able to make his own decisions. He has visited the Georgia Capitol to speak with his legislators about needs for people who have an IDD diagnosis.

At 58 years young, Marvin is a strong advocate for himself and believes in lifelong learning and desires to become a concrete mason. “I would like to be able to work with my hands.” When asked what he enjoys most about life, “I have a purpose to get up and get dressed. My day has meaning, something to do and people to be with.”

MARVIN WILLIAMS

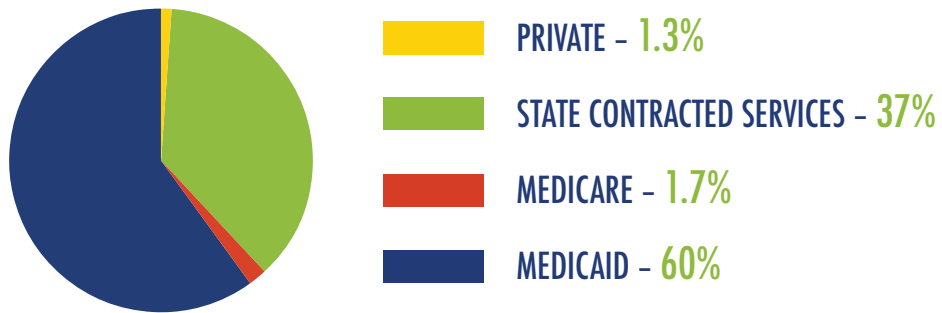
CALHOUN-EARLY-MILLER CAMPUS



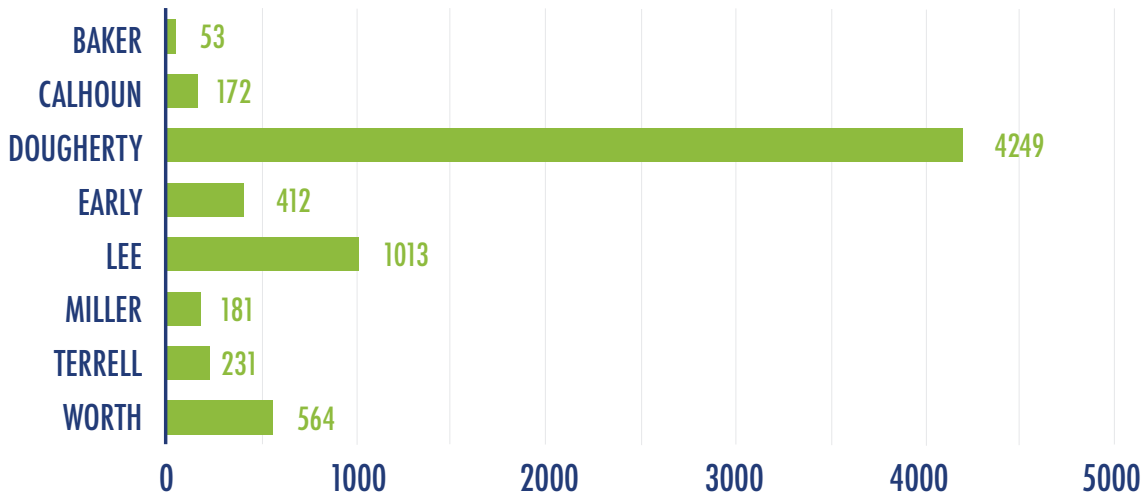
FISCAL YEAR 2020

FINANCIALS & INDIVIDUALS SERVED

PAYER MIX



CLIENTS BY COUNTIES



CLIENTS BY AGE

2181 + 3517 + 2259 + 232 + 62 = 8251

0 - 18	19 - 40	41 - 64	65 - 75	76+	TOTAL
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CLIENTS BY RACE



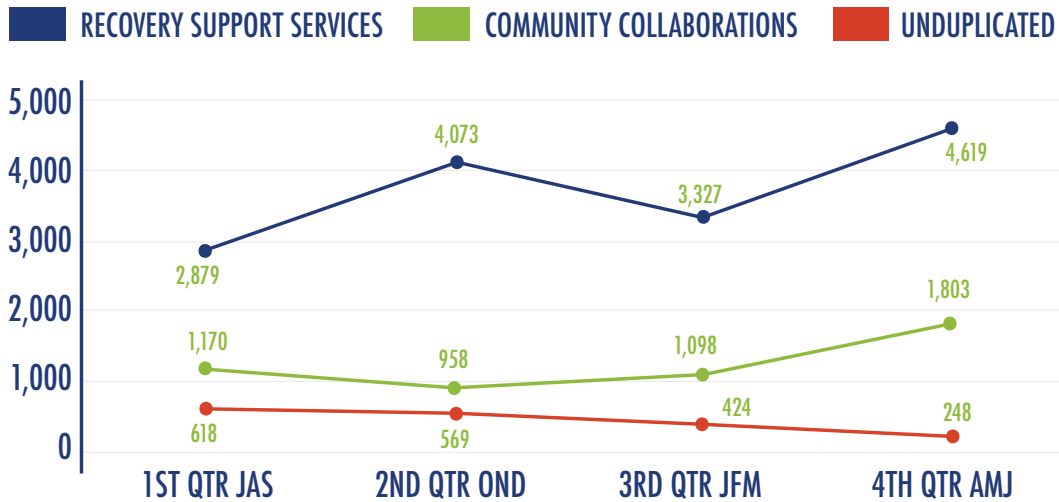
CLIENTS BY GENDER



CLIENTS BY PROGRAM

ADULT MENTAL HEALTH - 3198	CRISIS STABILIZATION UNIT - MENTAL HEALTH - 413	PSYCHO SOCIAL REHABILITATION - 22
ADULT SUBSTANCE ABUSE - 478	CRISIS STABILIZATION UNIT - SUBSTANCE ABUSE - 456	RISE - 60
APEX - 823	DD DAY CENTER - 147	SHELTER PLUS CARE - 54
ASSERTIVE COMMUNITY TREATMENT - 140	DD RESIDENTIAL - 50	SUPPORTED EMPLOYMENT BEHAVIORAL HEALTH - 75
C & A MENTAL HEALTH - 1199	DOUGHERTY COUNTY ACCOUNTABILITY COURT - 31	TEMPORARY OBSERVATION - 172
C & A SUBSTANCE ABUSE - 2	EVOLVE - 38	TOUCHSTONE - 46
CLUBHOUSE - 213	FORENSICS - 8	TREATMENT COURT - NORTH - 23
COMMUNITY SUPPORT TEAM - 63	INTENSIVE TREATMENT RESIDENTIAL - 4	TREATMENT COURT - SOUTH - 32
CRISIS RESPITE - 15	PEER - 86	
CRISIS SERVICE CENTER - 1113	PEER MENTAL HEALTH - 91	

THE CHANGE CENTER



CONNECT - I/DD SERVICES

58

PRIMUS

47

RESIDENTIAL

34

CEM

43

T&L

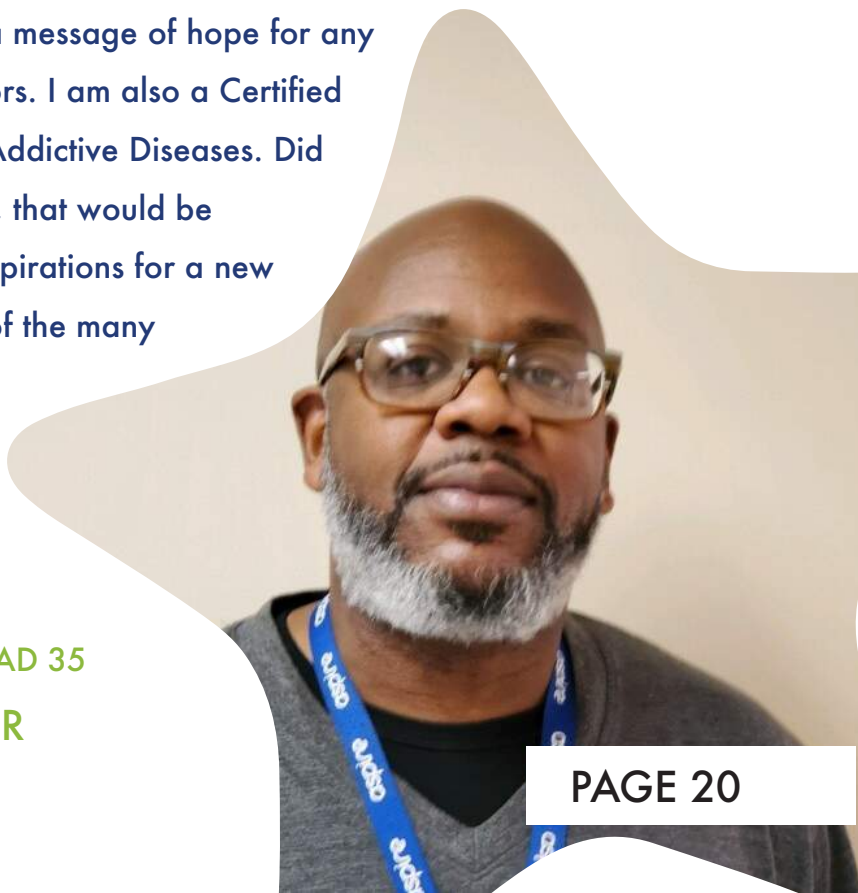
STORY OF *Hope*

"I remember sitting in a hotel room hundreds of miles away from my home feeling as if I wanted to die. For the first time in my life I desperately wanted a way out of my state of existence at that time. I understand now that I didn't want to die, I was just tired of living. This point of desperation and subsequent chain of events led me to ASPIRE BHCC where one symbolic road ended and another began.

Before I became subconsciously dependent on a chemical, my life had already proved to be unmanageable. Local and County jails, State and Federal prisons became the normal of my life after high school up until I was thirty years old. I always wanted more than what I had become but I was unwilling and unable to grasp the idea that my way of living life was my problem and not life itself. I grew completely tired of my physical freedom being taken away as a result of my rebellious nature. Freedom from incarceration without a new way to live led me to a deeper incarceration of the mind which led me to chemical abuse in a useless attempt to escape my reality. Chasing a high became the only avenue of surviving the day. My program of recovery teaches me that a drug is a drug is a drug. I hid for years behind the justification of my drug of choice being legal. Regardless of the lies I told, jobs I lost, money I spent, relationships I damaged, probations and paroles violated I grew deeper roots of denial. One acronym for D.E.N.I.A.L. is Don't Even Know I Am Lying. Sure it's not spelled exactly accurate but the idea is 100% true for the situation at that time. I was living a lie based on my determination to accept an illusion over the harsh truth of evidence. I had grown accustomed to slow suicide with my victims piling up as I harmed myself and others over and over again. I had become a very dangerous person because I had a problem and didn't care.

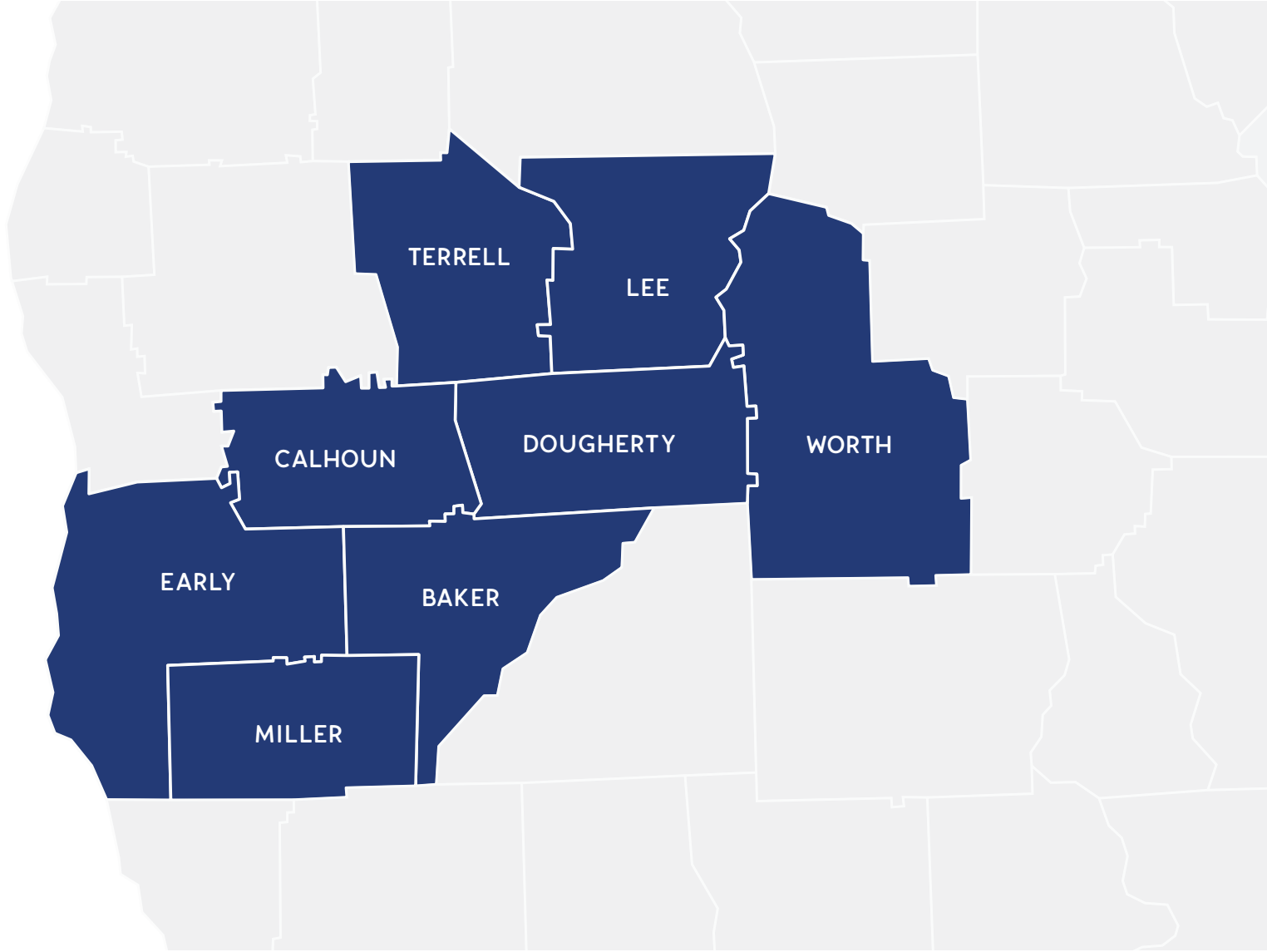
I can't possibly tell my life's story in a few paragraphs simply because my life is still going. I have been the recipient of grace and unmerited favor of two lifetimes in one. I wondered how I was going to die on 11-26-2014 and I ended up walking through the ASPIRE BHCC doors on 11-27-2014. I did not know or understand how I ended up in such a pitiful state. I did not know if it were possible for me to go on in any direction other than where I had been going. ASPIRE provided a temporary pause in the insanity of my life. The employees spoke to me with compassion and understanding while providing me options of treatment once I discharged. I took some suggestions and attended the thirty day TOUCHSTONE substance abuse program that is a part of ASPIRE. I followed more suggestions and continued through a long term treatment program which I completed. I became employable and heavily involved with a program of recovery that has kept me free of all mind altering, mood-changing substances (including alcohol) for almost six years now. Last but not least, I have the humble employment of working on that very same crisis unit of ASPIRE as a case manager for individuals that have found themselves in similar state of crisis. How ironic that I am now one of those empathetic employees that does my best to carry a message of hope for any and all that may come through our doors. I am also a Certified Peer Specialist for Mental Health and Addictive Diseases. Did ASPIRE recover for me? Absolutely not, that would be impossible. ASPIRE fostered my own aspirations for a new way to live and I am proud to be one of the many that do our best to provide that kind of human service."

MARCUS SCOTT CPS-MH, CPS-AD 35
ASPIRE BHCC CASE MANAGER



FISCAL YEAR 2020 SUMMARY OF ACCOMPLISHMENTS

- Hosted the first annual “Recovery in the Streets” event spreading messages of hope and recovery to our local community with a turnout of over 350 individuals.
- Instituted our RISE program and have inducted 58 individuals on a Medication Assisted Treatment (MAT) treatment plan.
- Achieved a score of 4.04 on the ACT Fidelity Score and are currently serving 100 individuals with our Assertive Community Treatment (ACT) team.
- Provided housing for 68 individuals through our Residential program.
- Created a “Virtual Clubhouse” and a “Virtual Camp APEX” for our youth and young adults in the wake of the COVID-19 pandemic
- Provided Crisis Intervention Team (CIT) training to 25 officers at the local police department.
- Updated all facilities to include plexiglass barriers and created a comprehensive health and safety plan to keep individuals, staff, and visitors protected amidst the COVID-19 pandemic.
- Hosted the “Live 2 Lead” conference for staff nominees showing exemplary leadership skills.
- Transitioned to virtual meetings for our individuals due to COVID-19 and have had 1,963 individuals participate in meetings, in-person or virtual.
- Achieved a score of 100 on our first Supported Employment Fidelity Review, have enrolled 64 new individuals, and currently have 40 enrolled and 19 employed (15 of which have been employed 90 days or more).
- Selected to host the South Georgia 2020 Apex Peer Learning Exchange.
- Agency’s Change Center had over 13,000 touches.
- Assisted 59 individuals into housing with the Georgia Housing Voucher Program (GHVP).
- Hosted Motivational Interviewing, Respect Institute, Recovery Leadership Connection, National Slavery and Human Trafficking Prevention, and Trauma Informed Care.
- Enhanced partnerships with Phoebe, law enforcement, and the Sheriff’s Department for the purpose of collaboratively serving individuals with Mental Health or Substance Abuse needs.



WALK-IN CRISIS NAVIGATION UNIT

601 West 11th Avenue
Albany, Georgia 31701
(229) 430-1842

GEORGIA CRISIS AND ACCESS LINE

1-800-715-4225



Learn more at www.aspirebhdd.org

MENTAL HEALTH & ADDICTIVE DISEASES

Dougherty County

601 West 11th Avenue Albany, Georgia 31701

Behavioral Health Crisis Center

24/7 Walk-In Crisis, Comfort Zone, and Crisis Stabilization
(229) 430-1842

Psychosocial Rehabilitation

(229) 430-6608

Child & Adolescent Services

2500 Dawson Road; Albany (229)
430-5100

Calhoun County Outpatient

55 R.E. Jennings Avenue SE
Arlington, Georgia 39813
(229) 725-3333

Adult Outpatient

(229) 430-4140

Peer Support

(229) 430-6608

Miller County Outpatient

205 West Main Street
Colquitt, Georgia 39837
(229) 758-2068

Early County Outpatient

763 Jesse Johnson Drive
Blakely, Georgia 39823
(229) 724-2050

INTELLECTUAL/DEVELOPMENTAL DISABILITY SERVICES

Region Four Intake & Evaluation - **1-877-683-8557**

Calhoun-Early-Miller I/DD Services

218 Damascus Street
Mailing: P.O. Box 509
Blakely, Georgia 39823
(229) 723-4325

Terrell-Lee I/DD Services

508 Oak Street SE
Mailing: P.O. Box 798
Dawson, Georgia 39842
(229) 995-3171

Primus I/DD Services

1120 West Broad Avenue
Mailing: P.O. Box 1988 Albany, Georgia 31707
(229) 430-4138

ADMINISTRATIVE SUPPORT SERVICES

1120 West Broad Avenue
P.O. Box 1988
Albany, Georgia 31702
(229) 430-4005



COUNTIES SERVED:

DOUGHERTY

BAKER

CALHOUN

EARLY

LEE

MILLER

TERRELL

WORTH

1120 W. BROAD AVE
P.O. BOX 1988 ALBANY, GA 31702

(229) 430-4005

WWW.ASPIREBHDD.ORG